



## Transcript

### Arts, Literature and Music A Good Read

#### *I Am An Emotional Creature*

Eve Ensler

*Reviewed by Sarah Knight, Salisbury Library Service*

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Today I will review I AM AN EMOTIONAL CREATURE, by Eve Ensler. Published in 2010 by 16<sup>th</sup> Street Productions Incorporated.

The subtitle to this book is The Secret Lives of Girls Around the World. Have you ever wondered what life is like being a girl or young woman in today's world? Do you have daughters or nieces or granddaughters? Perhaps you look at the young women in your life and wonder how and why they think as they do. Perhaps you compare your own story with the stories they tell.

In this book, Eve Ensler introduces the experiences of growing young women. These are the women of tomorrow, the women who may become mothers or partners of people we may love or know.

To give you some background on this book, bestselling author and internationally acclaimed playwright, performer and activist, Eve Ensler, has collected stories from girls and women from around the world. She tells the experiences of women and girls from around the world covering a variety of circumstances including what it's like to be a girl in 2010, teen pregnancy, sports, domestic violence, and industries some girls experience such as the sex industry, child soldiers and child labour.

Eve Ensler has a vision. She wishes to see our world become a place where violence against women and girls ceases to exist. Her work has included an international stage show called the Vagina Monologues which became the inspiration for the foundation of V-day, a global movement which supports anti violence organizations around the world. Eve Ensler has devoted her life to stopping violence and envisions a planet where women and girls will thrive, not merely survive.

When I first picked up this book, I wondered whether it would be something that would capture my attention. The cover certainly did with it's black background and blackboard style of pink and white writing. I wondered whether there would be anything at all in this book that I could relate to. I wondered whether this would be filled with stories of girls in faraway countries with existences that probably differed from my own.

What I found when I read this book was that it was entirely readable. It was also entirely relatable. And I found that I didn't want to put it down. The more I read, the more I wanted to read it. In the act of reading this book, the reader has the opportunity to honour the lives of girls and women across the globe. The book creates a bridge of understanding that spans all countries and all cultures.

I invite you to read, I Am An Emotional Creature, written in 2010, by Eve Ensler and published by 16<sup>th</sup> Street Productions, Incorporated.